



Weekly Spokes

March 3, 2020

Club Officers (2019-2020)

President-Rhonda Jasper

Pres Elect-Linda Knight

VicePresident-Wendy Freidman-Kolsin

Secretary-Kathy Jans Duffy

Treasurer-Rich Fredenburg

Past President-Dave Markel

Directors

Class of 2020 Liz Becht

Class of 2021 Jolene Steele

Tim Ryan

Class of 2022 Cindy Ody-Ortego

Dave Swenson

Fred Capozzi

Club Committees & Chairs

Administration: Tim Ryan

Community Service: Kathy Jans-Duffy/Linda Knight

Foundation: Tim Ryan

Fundraising: Linda Knight/Wendy Freidman/Kolsin

International: Dave Markel

Literacy: Liz Becht

Membership: Rhonda Jasper

New Generations/Youth-Liz Becht

Public Relations-Jolene Steele/Susan Backlund

Sunshine/Social-Jolene Steele

Club Announcements:

Chocolate Extravaganza 3/28-sell tickets, bring in chocolate and sign up to help distribute posters and signs

Trips & Happy Dollars:

Jim-Wife's birthday this month

Susie-Son's 44th birthday this month. Also, Trinity Church in SF-3/11 fundraiser for House of Concern, Celtic Music and Irish Desserts

Linda-Happy for the group that gave out books and shopping bags for leap of kindness day. We gave out 1000 reusable shopping totes!

Dave M-thank you to Audie and Lou Guiliano for Malawi donations. He just returned from a trip to Sanibel with family, they had a wonderful time fishing, they caught sharks, trout and something he called a Snookie, (I have no idea what that is or what it means!)

Kathy-Wonderful trip to California to see family. Lots of people in one house, but it was a good time. Attended a Rotary meeting while there. People are coming back to Paradise after the fires.

Karen-sad they will not be able to go see their daughter in Italy. Happy-this Saturday, West Fayette BBQ from 11-2

Cindy-during reading week she read a non-fiction book to the Romulus 3rd grade class, about Women's Rights and Elizabeth Cady Stanton, they sent her a really nice card.

Stephen-he is happy that Jerry has taught Dave M to keep his stories short

Rhonda-For Kindness Day, United Way donated books to local libraries. Anna read one of the books and loved it, because in one of the illustrations there was a dog pooping!!

Recent Club Activities- Liz & Cindy participating in Leap of Kindness Day 02/29/2020



SENECA FALLS ROTARY

Today's Guests & Visitors

Junior Rotarians-Caitlyn Korzeniewski

Visiting Rotarian-

Guests-

Club Member's Rotary Anniversaries

March

Al Johnson-52 years

Barry Bradshaw-46 years

Susan Backlund-18 years

Jerry Macaluso-18 years

Jamie Damouth-4 years

Jerry Moran-2 years

Club Member's Birthdays

March

Rich Fredenburg

Mike Mirras

Important Dates & Reminders

3/28/20-Chocolate Extravaganza

4/4/20-District Training Assembly-
Canandaigua

4/30-5/3/20-District Conference-
Niagara Falls

Upcoming Programs

3/10-Margaret Moore-Suicide
Prevention

3/17-Tara Montoney-SF Library

3/24-Wendy Freidman-Kolsin-Tax
Update

Today's Program/Speaker info:

Today we were joined by Kris Knight and Melissa Brown from the Seneca County Department of Health to talk about the dangers of Lead Poisoning.

Because of the Industrial Revolution, lead was an essential part of the middle-class American home. It was in every day items such as telephones, bakeware and dishes, ice boxes, vacuums, irons, washing machines, dolls, painted toys, baseballs and fishing rods. Even though lead was known to be toxic as early as the late 19th century, manufacturers and trade groups fiercely marketed it as essential to America's economic growth and consumer ideals. Lead paint was marketed with advertisements showing children eating paint right out of the container.

It takes just a microscopic amount of lead to poison a child, for example the amount of lead equivalent to the size of 1 sugar packet would be enough to contaminate a 100-room building!

Lead can be found in paint in homes built before 1978 and books printed prior to 1985. It can be found in pipes, fixtures and solder in homes built before 1986. It can be found in toys, books, holiday decorations and jewelry. Also spices and home remedies from overseas.

Kris showed photos of vintage dishes and bakeware-think the old Pyrex and Corelle dishes we all owned at some point (and maybe still do!) Vintage children's toys such as old Fisher Price toys you may have saved from your children or picked up at a yard sale.

Unfortunately, it isn't always vintage items, and she shared items such as fidget spinners, mardi gras beads, and even a mug Starbucks gave away this holiday season as examples.

In children, lead poisoning can lead to brain and nerve damage, seizures, death, cardiac implications, hearing damage/loss, digestive issues, kidney damage, stunts growth, slows educational development, and behavior and attention problems (ADHD). Later in life it can lead to fertility problems, addiction, delinquency, increase in high school drop out rates, incarceration for acts of violent acts, dementia and auto immune diseases.

A 2011 study by Leonardo Trasande estimated the total cost of Lead Poisoning in America is \$50.9 Billion annually.

Prevention-Keep children away from peeling paint and broken plaster. Wash children's hands with soap and water after play, before meals and before bed to rinse any lead dust off. Wash children's toys often, especially teething toys. Keep children away from remodeling and renovation sites. Do not allow children to play around foundations of older buildings or near roadways. Keep children away from vintage toys, costume jewelry and trinkets. Feed children foods high in iron, calcium and vitamin C. Use lead free dishes and cookware. Use cold water, not hot, for infant formula or when cooking. Let cold tap water run at least 1 minute before using to help flush lead from pipes. Use a damp cloth to dust windowsills and wells, furniture and toys and wet mop floors often. Remove shoes before coming in from outside so you do not track leaded soil or dust into your home.

For more information call the New York State Health Department Center for Environmental Health: (518)402-7600 or 1800-458-1158 or visit the DOH website: www.health.ny.gov/environmental/lead